A SELF-HELP GUIDE FOR CREATIVES BY CREATIVES

SOCIAL DISTANCING

KEEP IT SIMPLE



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Clean hands, clean heart

Wash your hands with soap.

Stand 6 feet apart in public.

Wear your mask and brush your tongue.

Don't cough in your hands or on people

Wash your hands with soap.

Stand 6 feet apart in public.

Stay hydrated with coconut water.

Clean house, clean mind

Wash your hands with soap.

Stand 6 feet apart in public.

Scrub your feet with soap.